

Adult Body Mass Index (BMI) Assessment

Providers treating our members 18 – 74 years of age who had an outpatient visit and whose body mass index (BMI) was documented during the measurement year or prior year. A completed Adult BMI Assessments (ABA) can be reported using ICD10 CM codes. Below are the ICD10 CM codes that correspond to particular BMI ranges.

ICD-10-CM Code	BMI Range	Description	HEDIS Measure
Z68.1	19.9 or Less	Adult BMI	ABA
Z68.20	20.0—20.9	Adult BMI	ABA
Z68.21	21.0—21.9	Adult BMI	ABA
Z68.22	22.0—22.9	Adult BMI	ABA
Z68.23	23.0—23.9	Adult BMI	ABA
Z68.24	24.0—24.9	Adult BMI	ABA
Z68.25	25.0—25.9	Adult BMI	ABA
Z68.26	26.0—26.9	Adult BMI	ABA
Z68.27	27.0—27.9	Adult BMI	ABA
Z68.28	28.0—28.9	Adult BMI	ABA
Z68.29	29.0—29.9	Adult BMI	ABA
Z68.30	30.0—30.9	Adult BMI	ABA
Z68.31	31.0—31.9	Adult BMI	ABA
Z68.32	32.0—32.9	Adult BMI	ABA
Z68.33	33.0—33.9	Adult BMI	ABA
Z68.34	34.0—34.9	Adult BMI	ABA
Z68.35	35.0—35.9	Adult BMI	ABA
Z68.36	36.0—36.9	Adult BMI	ABA
Z68.37	37.0—37.9	Adult BMI	ABA
Z68.38	38.0—38.9	Adult BMI	ABA
Z68.39	39.0—39.9	Adult BMI	ABA
Z68.41	40.0—44.9	Adult BMI	ABA
Z68.42	45.0—49.9	Adult BMI	ABA
Z68.43	50.0—59.9	Adult BMI	ABA
Z68.44	60.0—69.9	Adult BMI	ABA
Z68.45	70.0 or greater	Adult BMI	ABA

Submitting appropriate ICD10 CM codes helps inform us that you have provided the service, and may decrease the need for the health plan to request medical records from your office.

If you have questions or comments, please contact our Quality Department at 1-888-667-0318.