



## Adult Body Mass Index (BMI) Assessment

Providers treating our members 18 year of age and older may report completed Adult BMI Assessments (ABA) using ICD-10-CM codes. This is an important indicator which can be used to screen for weight categories that may lead to health problems. Below are the ICD-10-CM codes that correspond to particular BMI ranges\*.

ICD-10-CM Code	BMI Range	ICD-10-CM Code	BMI Range
<b>Z68.1</b>	19.9 or Less	Z68.32	32.0—32.9
<b>Z68.20</b>	20.0—20.9	Z68.33	33.0—33.9
<b>Z68.21</b>	21.0—21.9	Z68.34	34.0—34.9
<b>Z68.22</b>	22.0—22.9	Z68.35	35.0—35.9
<b>Z68.23</b>	23.0—23.9	Z68.36	36.0—36.9
<b>Z68.24</b>	24.0—24.9	Z68.37	37.0—37.9
<b>Z68.25</b>	25.0—25.9	Z68.38	38.0—38.9
<b>Z68.26</b>	26.0—26.9	Z68.39	39.0—39.9
<b>Z68.27</b>	27.0—27.9	Z68.41	40.0—44.9
<b>Z68.28</b>	28.0—28.9	Z68.42	45.0—49.9
<b>Z68.29</b>	29.0—29.9	Z68.43	50.0—59.9
<b>Z68.30</b>	30.0—30.9	Z68.44	60.0—69.9
<b>Z68.31</b>	<b>31.0—31.9</b>	<b>Z68.45</b>	<b>70.0 or greater</b>

\*Correct coding and submission of claims is the responsibility of the submitting provider.

Submitting appropriate ICD-10-CM codes helps inform us that you have provided the service, and may decrease the need for the health plan to request medical records from your office. However please note, if medical records are requested, a provider's documentation of BMI is only valid for health plan data collection purposes if the weight and BMI are from the same data source and are recorded in the medical record during the measurement year or year prior to the measurement year.